

CRANSTON SCHOOL COMMITTEE MEETING

MONDAY, AUGUST 21, 2006

HOPE HIGHLANDS ELEMENTARY SCHOOL

300 HOPE ROAD

EXECUTIVE SESSION: 6:00 P.M.

PUBLIC SESSION: 7:00 P.M.

AGENDA

I. Call to Order – 6:00 p.m. – Convene to Executive Session Pursuant to RI State Laws PL 42-46-5(a)(1) Personnel and PL 42-46-5(a)(2) Collective Bargaining and Litigation

II. Executive Session

III. Call to Order – Public Session

IV. Roll Call / Quorum

V. Executive Session Minutes Sealed – August 21, 2006

VI. Minutes of Previous Meetings – July 12, 2006; July 17, 2006

VII. Public Acknowledgements / Communications

VIII. Chairperson Communications

IX. Superintendent Communications

X. School Committee Member Communications

XI. Public Hearing

a. Students (Agenda/Non-agenda Items)

b. Members of the Public (Agenda Matters Only)

XII. Consent Calendar / Consent Agenda

SPONSORED BY THE COMMITTEE

NO. 06-8-7 – Whereas, the Cranston High School West Varsity Baseball Team under the direction of head coach Chuck Jones, assistant coach Ron LaRocca and volunteer assistant Mike Schiappa had an outstanding season in the spring of 2006, and

Whereas, through their hard work and dedication during the off season as well as on the field during the season, finished the 2006 baseball campaign with an overall record of 22-8, and

Whereas, through their continued hard work, outstanding team and individual performances were able to capture the Division I – East League Championship, as well as the Rhode Island Interscholastic League Division I State Championship defeating North Kingstown High School in consecutive games by scores of 7-0 and 6-3 at McCoy Stadium,

Be it RESOLVED, that the following team members be congratulated by the Cranston School Committee for their hard work and dedication to the sport of baseball, and

Be it further RESOLVED that they receive a copy of this Resolution signed by the members of the Cranston School Committee.

**Michael Casali Ted Haley Michael Gates Anthony Meo
Brandon Casey Michael Mariorenzi Ben Hanson Jason Corso
James Clarke Ben Wilkes Dan Lovejoy John Fitzsimmons
Chris D’Antuono Adam Woellner Ryan Raleigh Dan Macera
Matt Fontaine Justin Corso Chris Famiglietti Steven Russo
Jeff Gibbons Joseph Donahue Dan Hopkins Steven Villucci
Brian La Bianca Kyle Votto**

NO. 06-8-8 – Whereas, Matt Fontaine did an outstanding job as a member of the Cranston High School West baseball team during the 2006 spring sports season, and

Whereas, after finishing 3-1 on the mound with one save as one of the Falcon starting pitchers, Matt hit .316 with ten doubles and one homerun during the regular season as the starting third baseman, and

Whereas, through his continued hard work, endless preparation, and dedication throughout the entire baseball season was named the Most Valuable Player of the Division I State Championship Series, going 3-0 on the mound with an incredible 1.69 E.R.A. striking out twenty-three batters in twenty innings while recording nine hits of his own and knocking in eight runs leading Cranston West to their first Division I State Championship since 1975, and

Whereas, because of his outstanding personal accomplishments throughout the entire baseball season has been recognized as a 2006 Providence Journal First Team All State selection as the designated hitter,

Be it RESOLVED that Matt Fontaine be congratulated by the Cranston School Committee for his hard work and dedication to the sport of baseball, and

Be it further RESOLVED that he be presented with a copy of this Resolution signed by the members of the Cranston School Committee.

NO. 06-8-9 – Whereas, Erin Lagasse did an outstanding job as a member of the Cranston High School West Outdoor Track Team during the 2006 spring sports season, and

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Whereas, after placing second in the 1,500 at the Central Division Championships, she earned the silver medal in the same race at the Class A Championships with a time of 4:59.50. She then helped the 4 x 800-meter relay team place fourth at the state meet with a time of 9:46.12, and

Whereas, through her continued hard work, endless preparation, and dedication throughout the entire outdoor track season placed fifth at the national championships in the 3,000 with a state record time of 18:01.07 earning her All American status, and

Whereas, because of her outstanding personal accomplishments throughout the entire outdoor track season has been recognized as a 2006 Providence Journal First Team All State selection in the 3,000 meter event,

Be it RESOLVED that Erin Lagasse be congratulated by the Cranston School Committee for her hard work and dedication to the sport of outdoor track, and

Be it further RESOLVED that she be presented with a copy of this Resolution signed by the members of the Cranston School Committee.

NO. 06-8-10 – Whereas, Leigh Petranoff did an outstanding job as a member of the Cranston High School West Outdoor Track team during the 2006 spring sports season, and

Whereas, as the state record holder in the javelin event as well as the freshman national record holder with a throw of 144' 7", she placed first at the Central Division Championships and followed that event by capturing the gold medal at the Class A Championships with a throw of 133' 1.5', and

Whereas, through her continued hard work, endless preparation, and dedication throughout the entire outdoor track season defended her state title with a throw of 137' 3' out-throwing her nearest competitor by more than 21' remaining undefeated against Rhode Island competition, and

Whereas, because of her outstanding personal accomplishments throughout the entire outdoor track season has been recognized as a 2006 Providence Journal First Team All State selection in the javelin event,

Be it RESOLVED that Leigh Petranoff be congratulated by the Cranston School Committee for her hard work and dedication to the sport of Outdoor Track, and

Be it further RESOLVED that she be presented with a copy of this Resolution signed by the members of the Cranston School Committee.

SPONSORED BY THE COMMITTEE

NO. 06-8-11 - Whereas, the Cranston School Committee bears responsibility for the best use of tax dollars, and

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Whereas, public education can provide leadership in developing a realistic energy ethic and awareness of energy needs and costs,

Be it RESOLVED that the Cranston School Committee directs the Superintendent and/or his agents to develop short and long-range strategies in the areas of facilities management and preventive maintenance.

SPONSORED BY MRS. GREIFER AND MR. STYCOS

NO. 06-8-12 – RESOLVED, that to encourage physical exercise among Cranston’s children, the Cranston School Committee endorses the Wellness Committee’s recommendation that a co-ed intramural

volleyball league be established at Cranston High School East as a pilot program, and

Be it further RESOLVED that the approximate cost of this program would be \$3,500.

ADMINISTRATION

PERSONNEL

NO. 06-8-13 - RESOLVED, that at the recommendation of the Superintendent, said certified personnel be recalled from termination, and

Be it further RESOLVED that the Superintendent notify those teachers of the Committee's actions.

NO. 06-8-14- RESOLVED, that at the recommendation of the Superintendent, the following certified personnel be appointed for the 2006-2007 school year:

Craig Schmidt, salary to be at the first step plus 36 of the prevailing salary schedule

Education – Rhode Island College, BA

Experience – Cranston Public Schools' Substitute

Certification – Secondary Mathematics

Assignment – Park View Middle School, Mathematics, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12311012 512100

Jennifer Kesack, salary to be at the second step of the prevailing salary schedule

Education – Rhode Island College, BS

Experience – Cranston Public Schools' Substitute

Certification – Middle School Mathematics

Assignment – Park View Middle School, Mathematics, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12311012 512100

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Priscilla Archambault, salary to be at the eleventh step plus 36 of the prevailing salary schedule

Education – University of Rhode Island, BS

Experience – Narragansett School Department

Certification – Home Economics

Assignment – Western Hills Middle School, Family & Consumer Science, .4 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12911012 512100

Janet Tenczar, salary to be at the eleventh step plus Masters of the prevailing salary schedule

Education – University of Rhode Island, BS; Providence College, M.Ed

Experience – Warwick School Department

Certification – Home Economics

Assignment – Cranston High School East, Family & Consumer Science, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 11311012 512100

Anne Barlow, salary to be at the eleventh step plus Masters of the prevailing salary schedule

Education – University of Rhode Island, BS; Rhode Island College, M.Ed

Experience – Pawtucket School Department

Certification – Home Economics

Assignment – Western Hills Middle School, Family & Consumer Science, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12911012 512100

Jessica MacNeill, salary to be at the first step of the prevailing salary schedule

Education – Champlain College, BS; Rhode Island College, BA

Experience – Cranston Public Schools' Substitute

Certification – Special Education Elementary/Middle

Assignment – Western Hills Middle School, Special Education, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12932031 512100

Andrea Eddy, salary to be at the third step plus Masters of the prevailing salary schedule

Education – Fitchburg State College, BS; Rhode Island College, M.Ed

Experience – Sargent Rehabilitation Center

Certification – Special Education, PK-12

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Assignment – Stone Hill School, Special Education, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12732031 / 50827121 512100

Sherry Gemma, salary to be at the third step, Bachelors plus 36, of

the prevailing salary schedule

Education – Rhode Island College, BS

Experience – Cranston Public Schools' Substitute

Certification – Elementary, 1-6

Assignment – Oak Lawn School, 1.0 FTE

Effective Date of Employment – September 18, 2006

Authorization – Replacement

Fiscal Note: 10311012 512100

Tania Gozzi, salary to be at the third step, Bachelors plus 36, of the prevailing salary schedule

Education – Rhode Island College, BA

Experience – Cranston Public Schools' Substitute

Certification – Special Education, Middle/Secondary

Assignment – Cranston High School West, Special Education, 1.0 FTE

Effective Date of Appointment – September 5, 2006

Authorization – Replacement

Fiscal Note: 12632021 512100

Lena Cabral, salary to be at the third step of the prevailing salary schedule

Education – Rhode Island College, BS

Experience – Cranston Public Schools, Gladstone School, .5 FTE, 2005-2006

Certification – Elementary, 1-6

Assignment – Gladstone School, 1.0 FTE

Effective Date of Employment – September 5, 2006

Authorization – Replacement

Fiscal Note: 11911012 512000

NO. 06-8-15- RESOLVED, that at the recommendation of the Superintendent, the following certified personnel be appointed as substitutes on a temporary basis as needed:

Lyndsey DeTroia Secondary Social Studies

Amanda Ricci Special Education Middle/Secondary/Elementary

Julie Giampietro Elementary

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Erica Smith Elementary

Kary Urso Elementary

Rebecca Zolli Special Education, Middle/Secondary

NO. 06-8-16- RESOLVED, that at the recommendation of the Superintendent, the following certified staff members be granted a leave of absence without compensation as provided in

Article XIX, Section B of the Master Agreement between the Cranston School Committee and the Cranston Teachers' Alliance:

Jennifer Moretti, Teacher

Bain Middle School

Effective Dates: September 2006 to September 2007

Lisa-Marie Colantonio, Teacher

Oak Lawn School

Effective Dates: September 2006 to September 2007

Robert Gaudreau, Teacher

Cranston High School West

Effective Dates: September 2006 to September 2007

NO. 06-8-17 – RESOLVED, that at the recommendation of the Superintendent, the retirement of the following certified personnel be accepted:

Elizabeth Mittler, Teacher

Gladstone Elementary School

Effective Date: August 1, 2006

NO. 06-8-18- RESOLVED, that at the recommendation of the Superintendent, the resignations of the following certified personnel be accepted:

Susan Rooney, Teacher

Special Services

Effective Date: August 31, 2006

Joany Santa, Assistant Principal

Park View Middle School

Effective Date: July 20, 2006

Melinda Thies, Principal

Park View Middle School

Effective Date: August 21, 2006

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NO. 06-8-19 – RESOLVED, that at the recommendation of the Superintendent, the following individuals be reappointed as athletic coaches:

CRANSTON HIGH SCHOOL EAST

Robert Bouchard Head Boys' Cross Country

Michael Boyajian Head Girls' Tennis

Lauren Brown Assistant Girls' Soccer

Thomas Centore Head Boys' Football

James Creamer Assistant Girls' Tennis

CRANSTON HIGH SCHOOL EAST CONTINUED

Jessica Greene Head Girls' Field Hockey
Heather Johnson Assistant Girls' Volleyball
Robert LaBanca Head Girls' Cross Country
Ronald Lee Head Girls' Volleyball
Scott Maynard Head Girls' Soccer
Moses Saygbe Head Boys' Soccer
Kenneth Simone Assistant Boys' Football
Jason Ward Head Boys' Freshman Football
David Capuano Athletic Manager

CRANSTON HIGH SCHOOL WEST

Gina Bailey Head Boys' Cross Country
Claire Baggesen Head Girls' Volleyball
Nancy Hersey Assistant Girls' Tennis
Sheila Lagasse Head Girls' Cross Country
James Lucas Head Girls' Tennis
Robert Malo Assistant Boys' Football
Thomas Milewski Assistant Boys' Football
Charles Pearson Head Girls' Soccer
James Raspallo Assistant Girls' Soccer
Steven Stoehr Head Boys' Football
Michael Waterman Assistant Boys' Soccer
James Williamson Head Boys' Soccer
Leonard D'Errico Athletic Manager

NO. 06-8-20 – RESOLVED, that at the recommendation of the Superintendent, the following individual be appointed as an athletic coach:

Michael Giblin, Head Junior Varsity Football, Cranston High School East

Step – 4

Class – C

Playing Competition – Cranston High School East

Experience – Volunteer Coach, Cranston High School East Football Program

Certification – Rhode Island Coaches Certification; CPR/First Aid Certified

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NO. 06-8-21 - RESOLVED, that at the recommendation of the Superintendent, the resignation of the following coach be accepted:

Jay Jones, Assistant Football

Cranston High School West

Effective Date: August 1, 2006

NO. 06-8-22- RESOLVED, that at the recommendation of the Superintendent, the following non-certified employees be appointed:

Steven Simas, Summer Utility

Plant

Effective Date of Employment – July 24, 2006

Authorization – Replacement

Fiscal Note: 14747482 518200

John Ryan, JROTC Technician

Cranston High School East

Effective Date of Employment - September 1, 2006

Authorization – Replacement

Fiscal Note: 11311614 / 21311614 514000

NO. 06-8-23- RESOLVED, that at the recommendation of the Superintendent, the following non-certified personnel be appointed as substitutes on a temporary basis as needed:

CUSTODIANS

Kenneth Riley

Rutledge Irving

Keith Bernier

BUS DRIVERS

Stephen DiVona

Rose Orellana

NO. 06-8-24 - RESOLVED, that at the recommendation of the Superintendent, the resignations of the following non-certified personnel be accepted:

**Raymond Carmody, Custodian
Plant
Effective Date: June 23, 2006**

**Anthony Saccoccia, Four-hour Custodian
Plant
Effective Date: July 24, 2006**

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**Kimberly Gallo, GED Facilitator
Alternate Education Program
Effective Date: July 17, 2006**

**Christina Pizzi , Three-hour Food Service Worker
Food Service
Effective Date: June 26, 2006**

**Roxann Davis, Three-hour Food Service Worker
Food Service
Effective Date: July 26, 2006**

Susan Varone, Three-hour Food Service Worker

Food Service

Effective Date: June 26, 2006

NO. 06-8-25 – RESOLVED, that at the recommendation of the Superintendent, the retirement of the following non-certified personnel be accepted:

Donald Josephson, Bus Driver

Transportation

Effective Date: August 7, 2006

NO. 06-8-26- RESOLVED, that at the recommendation of the Superintendent, named non-certified staff members be laid off from their respective positions due to staffing reasons.

BUSINESS

NO. 06-8-27 - RESOLVED, that School Lunch prices (Fund 3 are to be increased to the following amounts:

Elementary from \$1.50 to \$_____

Secondary from \$2.25 to \$_____

NO. 06-8-28 - RESOLVED, that the following purchases be approved:

Photocopier Maintenance for the period from September 1, 2006 to August 31, 2007 in the amount of \$97,769.75.

Number of bids issued 7

Number of bids received 3

Library Supplies in the amount of \$2,746.76.

Number of bids issued 8

Number of bids received 7

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Compressor in the amount of \$4,100.00

Number of bids issued 7

Number of bids received 3

POLICY AND PROGRAM

NO. 06-8-29 - RESOLVED, that at the recommendation of the Superintendent, the 2006-2007 School Calendar as amended be adopted.

NO. 06-8-30 - RESOLVED, that at the recommendation of the Superintendent, the 2006-2007 Meeting and Work Session Schedule

of the Cranston School Committee be approved.

NO. 06-8-31 - RESOLVED, that at the recommendation of the Superintendent, the revised curriculum guide and framework for School Counseling Kindergarten through Grade 12, be approved.

NO. 06-8-32 - RESOLVED, that at the recommendation of the Superintendent, the adoption of business textbooks, Sports and Entertainment Marketing, Copyright date 2005, published by Thompson/South Western, and Intro to Business, Copyright date 2006, published by Thompson/South Western, be approved.

NO. 06-8-33- RESOLVED, that at the recommendation of the Superintendent, Policy 3519, Energy Management Conservation, and its regulations, be approved for first reading.

NO. 06-8-34 - RESOLVED, that at the recommendation of the Superintendent, Policy 6164.8, Cranston Public Schools' Wellness Policy, as amended be approved for first reading.

XIII. Action Calendar / Action Agenda

XIV. New Business

XV. Public Hearing on Non-agenda Items

XVI. Announcement of Future Meetings

XVII. Adjournment

School Committee members who are unable to attend this meeting are asked to notify the Chairman in advance.

Notice Posted: August 16, 2006

INSTRUCTION 6164.8

WELLNESS POLICY

Student Nutrition and Physical Activity

Policy Intent/Rationale:

The Cranston Public Schools promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment. The District supports a healthy environment where children learn and participate in positive dietary and lifestyle practices. Schools contribute to the basic health status of children by facilitating learning through the support and promotion

of good nutrition and physical activity. Improved health optimizes student performance potential and ensures that no child is left behind.

Provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors.

The entire school environment, not just the classroom, shall be aligned with healthy school goals to positively influence a student's understanding, beliefs and habits as they relate to good nutrition and regular physical activity. A healthy school environment should not be sacrificed because of a dependence on revenue from high added fat, high added sugar, and low nutrient foods to support school programs.

Support and promote proper dietary habits contributing to students' health status and academic performance.

All foods available on school grounds and at school-sponsored activities during the instructional day should meet or exceed the district nutrition standards. Emphasis should be placed on foods that are nutrient dense per calorie. To ensure high quality, nutritious meals, foods should be served with consideration toward variety, appeal, taste, safety, and packaging.

Provide more opportunities for students to engage in physical

activity.

A quality physical education program is an essential component for all students to learn about and participate in physical activity. Physical activity should be included in a school's daily education program from grades pre-K through 12. Physical activity should include regular instructional physical education, in accordance with The Rhode Island Physical Education Framework, as well as co-curricular activities, and recess.

WELLNESS POLICY (Continued) 6164.8

Student Nutrition and Physical Activity

The Cranston Public Schools is committed to improve academic performance in high-risk groups so that no child is left behind.

Educators, administrators, parents, health practitioners and communities must consider the critical role student health plays in academic stamina and performance and adapt the school environment to ensure students' basic nourishment and activity needs are met. To ensure widespread understanding of the benefits to school environments where nutritious foods are provided and where students have an opportunity for physical activity, a public awareness campaign that highlights research demonstrating the positive relationship between good nutrition, physical activity, and capacity of students to develop and learn should be conducted.

Establish and maintain a district-wide Wellness Committee with the purposes of:

- developing guidance to explain this policy**
- monitoring the implementation of this policy**
- evaluating policy progress**
- serving as a resource to school sites, (e.g. providing lists of healthy incentives, snacks, birthdays, etc.) and**
- revising policy as necessary**

It is recommended that a district-wide Wellness Committee be established. The Committee will meet a minimum of two times annually with Council membership set by school committee policy in compliance with state law.

The committee shall consist of:

- seven parents, one appointed by each member of the school committee**
- two members of the school committee**
- the school food service director**
- a food service worker selected by her/his union**
- the director of health and physical education**
- a health and physical education teacher, a food and consumer science teacher, a school-nurse teacher and a fourth teacher appointed by the Cranston Teachers' Alliance.**

- a high school student selected by each high school principal
- a high school principal or his designee appointed by the superintendent
- the Bain Middle School principal or his designee
- a middle school student
- a member suggested by the Special Education Parent Advisory Board

WELLNESS POLICY (Continued) 6164.8

Responsibilities of the Wellness Committee may include, but not be limited to, oversight of the following:

- implementation of district nutrition and physical activity standards
- integration of nutrition and physical activity in the overall curriculum
- assurance that staff professional development includes nutrition and physical activity issues
- assurance that students receive nutrition education and engage in vigorous physical activity

- **pursuance of contracts with outside vendors that encourage healthful eating and reduction of school/district dependence on profits from foods of minimal nutritional value.**
- **consistent healthful choices among all school venues that involve the sale of food.**

The Wellness Committee will be responsible for preparing an Annual Report by June 15 of each year that includes, but may not be limited to, the following information:

- **monthly district menus and meal counts**
- **listing of all a la carte foods sold by school food service**
- **listing of physical activity programs and opportunities for students throughout the school year.**

STUDENT NUTRITION

The School Breakfast/Lunch Programs:

The full meal school breakfast and lunch programs will continue to follow the USDA Requirements for Federal School Meals Programs.

The School Food Service Program provider will follow the District's

Nutrition Standards when determining the items in a la carte and “competitive foods” sales. A la carte and “competitive foods” items that do not meet the District Nutrition Standards may be acceptable when offered on a very infrequent, intermittent basis and must be recorded in the Annual Report. The Food Service Director will work closely with the Wellness Committee.

Cafeteria Environment:

A cafeteria environment that provides students with a relaxed, enjoyable climate shall be developed.

All schools will strive towards:

- adequate space to eat in clean, pleasant surroundings;**
- adequate time to eat meals. (The American School Food Service Association recommends at least 20 minutes for lunch from the time students are seated with their food); and**
- convenient access to hand washing or hand sanitizing facilities before meals.**

WELLNESS POLICY (Continued) 6164.8

Fundraising:

All fund-raising projects are encouraged to follow the District Nutrition Standards.

All fund raising projects for sale and consumption within and prior to the instructional day will follow the District's Nutrition Standards when determining the items being sold. All food sales outside the cafeteria during lunch should comply with the same nutritional guidelines as the cafeteria must follow. Outside sales at lunch shall be permitted no more than once a week in the middle and elementary schools.

Teacher-to-Student Incentive:

The use of food items as part of a student incentive program is strongly discouraged. Should teachers feel compelled to utilize food items as an incentive, they are required to adhere to the District Nutrition Standards.

Student Nutrition Education:

The Cranston Public Schools has a comprehensive curriculum approach to nutrition in Kindergarten through 12th grade. Beginning with the 2004-2005 school year, all K-12 instructional staff will be encouraged to integrate nutritional themes from the Rhode Island Department of Education Health Education Framework and/or the Rhode Island Family & Consumer Science Framework into daily lessons when appropriate. The health benefits of good nutrition should be emphasized. These nutritional themes include but are not limited to:

Knowledge of the Food Guide Pyramid Healthy heart choices

Sources and variety of foods Dietary Guidelines for Americans

Diet and disease Understanding calories

Healthy snacks Healthy breakfast

Healthy diet Food labels

Major nutrients Multicultural influences

Serving sizes Proper Food

**Safety/Sanitation Identify and limit foods of low
nutrient density**

The district nutrition policy reinforces nutrition education to help students practice these themes in a supportive school environment.

Parent Nutrition Education:

Nutrition education will be provided to parents beginning at the elementary level. The goal will be to continue to educate parents throughout middle and high school levels.

Nutrition education may be provided in the form of handouts, postings on the district website, articles and information provided in district or school newsletters, presentations that focus on nutritional value and healthy lifestyles, and through any other appropriate means available for reaching parents.

WELLNESS POLICY (Continued) 6164.8

Staff Nutrition & Physical Activity Education:

With the purposes of:

- Encouraging all school staff to improve their own personal health and wellness**
- Improving staff morale**
- Creating positive role modeling**
- Building the commitment of staff to promote the health of students**
- Building the commitment of staff to help improve the school nutrition and physical activity environment.**

The school department will strive to provide nutrition and physical activity education opportunities to all school staff at the elementary, middle and high school levels. These educational opportunities may include, but not be limited to, the distribution of educational and informational materials and the arrangement of presentations and workshops that focus on nutritional value and healthy lifestyles, health assessments, fitness activities, and other appropriate nutrition and physical activity-related topics.

DISTRICT NUTRITION STANDARDS

Nutrition Standards Intent/Rationale:

The Cranston Public Schools strongly encourages the sale or distribution of nutrient dense foods for all school functions and activities. Nutrient dense foods are those foods that provide students with calories rich in the nutrient content needed to be healthy. In an

effort to support the consumption of nutrient dense foods in the school setting, the district has adopted the following nutrition standards governing the sale of food, beverage, and candy on school grounds. Schools are encouraged to study these standards and develop building policy using the following District Nutrition Standards as minimal guidelines.

Food:

Encourage the consumption of nutrient dense foods, i.e. WHOLE GRAINS, FRESH FRUITS, VEGETABLES, and DAIRY PRODUCTS.

Any given food item for sale prior to the start of the school day and throughout the instructional day, will have no more than 30% of its total calories derived from fat.

Any given food item for sale prior to the start of the school day and throughout the instructional day, will have no more that 10% of its total calories derived from saturated fat.

Nuts and seeds with minimal added fat in processing (no more than 3 grams of added fat per 1.75 ounce or less package size) are exempt from these standards because they are nutrient dense and contain high levels of monounsaturated fat.

It is recognized that there may be rare special occasions when the school principal may allow a school group to deviate from these Standards, but those special occasions must be recorded and included in the Wellness Committee Annual Report.

Beverages:

By September 1, 2007 ONLY milk, water and 100 percent fruit juices may be sold on school grounds immediately prior to school, at lunch or after school. No beverage sales may be made at any other time. Principals are encouraged to investigate alternative fundraisers prior to September 1, 2007.

WELLNESS POLICY (Continued) 6164.8

Candy:

Candy is defined as any processed food item that has:

- sugar (including brown sugar, corn sweetener, corn syrup, fructose, glucose (dextrose),

high fructose corn syrup, honey, invert sugar, lactose, maltose, molasses, raw sugar,

table sugar (sucrose), syrup) is listed as one of the first two ingredients

AND

- sugar is more than 25% of the item by weight.

- Vending sales of candy will not be permitted on school grounds.

- Non-vending sales of candy will be permitted ONLY at the conclusion of the instructional school day.

STUDENT PHYSICAL ACTIVITY

District Physical Activity Goal:

Cranston Public Schools shall provide physical activity and physical education opportunities, aligned with the Rhode Island Physical Education Framework, that provide students with the knowledge and skills to lead a physically active lifestyle.

Cranston Public Schools shall continue to utilize its physical education curriculum to implement the following strategies:

- **Physical education classes and physical activity opportunities will be available for all students.**

- **Physical activity opportunities shall be offered daily before school, during school (recess) or after school.**

- **As recommended by the National Association of Sport and Physical Education**

(NASPE), school leaders of physical activity and physical education shall guide

students through a process that will enable them to achieve and maintain a high level

of personal fitness through the following:

- **Expose youngsters to a wide variety of physical activities**
- **Teach physical skills to help maintain a lifetime of health and fitness**
- **Encourage self-monitoring so youngsters can see how active they are and set their own goals**

- **Individualize intensity of activities**

- Focus feedback on process of doing your best rather than on product
- Be active role models
- Introduce developmentally appropriate components of a health-related fitness assessment, (e.g. FitnessGram, Physical Best or President's Council) to the students at an early age to prepare them for future assessments.

WELLNESS POLICY (Continued) 6164.8

District Physical Activity Goal (Continued):

- Begin fitness or activity logging in elementary school. Assist students to interpret their personal attainments and compare them to national physical activity recommendations.

The 2004 Guidelines from NASPE recommend:

- children should accumulate at least 60 minutes, and up to several hours, of age appropriate physical activity on all, or most days of the week.
- children should participate in several bouts of physical activity lasting 15 minutes or more each day.

- children should participate each day in a variety of age-appropriate physical activities designed to achieve optimal health, wellness, fitness and performance benefits.
- extended periods (periods of two hours or more) of inactivity are discouraged for children, especially during the daytime hours
- Beginning in middle school and through high school, administer a health-related fitness assessment with students. Students shall receive results and use this as a baseline in understanding their own level of fitness, creating fitness goals and plans, and logging activities identified to achieve the goals. Logs should include day, time, type and length of activity, whether the activity was done alone or with others, and how the student felt before and after the activity.
- Physical education classes shall be sequential, building from year to year, and content will include movement, personal fitness, and personal and social responsibility. Students should be able to demonstrate competency through

application of knowledge,

skill, and practice. (NASPE recommendations for physical education are 150 minutes

per week for elementary students and 225 minutes per week for middle and high school students.)

Policy Adopted: CRANSTON PUBLIC SCHOOLS

Resolution No: CRANSTON, RI

BUSINESS 3519

ENERGY MANAGEMENT CONSERVATION

The implementation of this policy is the joint responsibility of the School Committee, administrators, teachers, students, and support

personnel, and its success is based on cooperation at all levels.

The district will maintain accurate records of energy consumption and cost of energy and will provide information to the local media on the goals and progress of the energy conservation program.

The principal will be accountable for energy management in his/her building with energy audits being conducted and conservation program outlines being updated. Judicious use of the various energy systems of each campus will be the joint responsibility of the principal and head custodian to ensure that an efficient energy posture is maintained on a daily basis.

To ensure the overall success of the energy management program, the following specific areas of emphasis will be adopted:

1. All district personnel will be expected to contribute to energy efficiency in our district. Every person will be expected to be an “energy saver” as well as an “energy consumer.”

2. The School Committee will adopt administrative Energy Guidelines that will be the “rules of the game” in implementing our energy program.

Further, to maintain a safer and healthier learning environment and to complement the energy management program, the district shall

develop and implement a preventive maintenance and monitoring plan for its facilities and systems, including HVAC, building envelope, and moisture management.

Policy Adopted: CRANSTON PUBLIC SCHOOLS

Resolution No.: CRANSTON, RHODE ISLAND

BUSINESS 3519(a)

ENERGY AND MANAGEMENT CONSERVATION

Guidelines

(Energy Conservation and Building Management)

Responsibilities:

- **Every person is expected to be an "energy saver" as well as an "energy consumer."**
- **The teacher is responsible for implementing the guidelines during the time that he/she is present in the classroom.**
- **The custodian is responsible for control of common areas, i.e. halls, cafeteria, etc.**
- **Since the custodian is typically the last person to leave a building in the evening, he/she is responsible for verification of the nighttime shutdown.**
- **The principal is responsible for the total energy usage of his/her building.**
- **The Energy Manager performs routine audits of all facilities and communicates the audit results to the appropriate personnel.**
- **The Energy Manager provides regular reports to principals indicating performance with regards to energy savings.**
- **The district is committed to and responsible for maintenance of the learning environment.**
- **To complement the district's energy management program, the district shall develop and implement a preventive maintenance and monitoring plan for its facilities and systems, including HVAC,**

building envelope, and moisture management.

GENERAL

- 1. Classroom doors shall remain closed when HVAC is operating. Ensure doors between conditioned space and non-conditioned space remain closed at all times (i.e. between hallways and gym or pool area).**
- 2. Proper and thorough utilization of data loggers will be initiated and maintained to monitor relative humidity, temperature, and light levels throughout the district's buildings to ensure compliance with district guidelines.**
- 3. All exhaust fans should be turned off every day and during unoccupied hours.**
- 4. All office machines (copy machines, laminating equipment, etc.) shall be switched off each night and during unoccupied times. Fax machines should remain on.**
- 5. All computers should be turned off each night. This includes the monitor, local printer, and speakers. Network equipment is excluded.**
- 6. All capable PC's should be programmed for the "energy saver" mode using the power management feature. If network constraints restrict this for the PC, ensure the monitor "sleeps" after 10 minutes of inactivity.**

BUSINESS

3519(b)

ENERGY MANAGEMENT CONSERVATION

Guidelines

(Energy Conservation and Building Management)

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**1 – Set points are in accordance with ASHRAE 55 "Thermal Conditions for Human Occupancy"**

#### **AIR CONDITIONING EQUIPMENT**

- 1. Occupied temperature settings shall NOT be set below 74°F.**
- 2. During unoccupied times, the air conditioning equipment shall be off. The unoccupied period begins when the students leave the area at the end of the school day. It is anticipated that the temperature of the classroom will be maintained long enough to afford comfort for**

**the period the teacher remains in the classroom after the students have left.**

**3. Air conditioning start times may be adjusted (depending on weather) to ensure classroom comfort when school begins.**

**4. Ensure outside air dampers are closed during unoccupied times.**

**5. Ceiling fans should be operated in all areas that have them.**

**6. For any 24-hour period of time, relative humidity levels shall NOT average greater than 60%.**

**7. Air conditioning should not be utilized in classrooms during the summer months unless the classrooms are being used for summer school or year-round school. Air conditioning may be used by exception only or in those schools that are involved in team-cleaning.**

**8. In all areas which have evaporative coolers such as shops, kitchens and gymnasiums, the doors leading to halls which have air-conditioned classrooms or dining areas should be kept closed as much as possible.**

**9. Where cross-ventilation is available during periods of mild weather, shut down HVAC equipment and adjust temperature with windows and doors. Cross-ventilation is defined as having windows and/or doors to the outside on each side of a room.**

# **ENERGY MANAGEMENT CONSERVATION**

## **Guidelines**

**(Energy Conservation and Building Management)**

### **HEATING EQUIPMENT**

- 1. Occupied temperature settings shall NOT be above 72°F.**
- 2. The unoccupied temperature setting shall be 55°F (i.e. setback). This may be adjusted to a 60°F setting during extreme weather.**
- 3. The unoccupied time shall begin when the students leave an area.**
- 4. During the spring and fall when there is no threat of freezing, all steam and forced air heating systems should be switched off during unoccupied times. Hot water heating systems should be switched off using the appropriate loop pumps.**
- 5. Ensure all domestic hot water systems are set no higher than 120°F or 140°F for cafeteria service (with dishwasher booster).**
- 6. Ensure all domestic hot water re-circulating pumps are switched off during unoccupied times.**
- 7. For heat pumps, ensure a 6°F dead-band between heating and cooling modes.**

### **LIGHTING**

- 1. All unnecessary lighting in unoccupied areas will be turned off. Teachers should make certain that lights are turned off when leaving the classroom when empty. Utilize natural lighting where appropriate.**
- 2. All outside lighting shall be off during daylight hours.**
- 3. Gym lights should not be left on unless the gym is being utilized.**

**4. All lights will be turned off when students and teachers leave school. Custodians will turn on lights only in the areas in which they are working.**

**5. Refrain from turning lights on unless definitely needed. Remember that lights not only consume electricity but also give off heat that places an additional load on the air conditioning equipment and thereby increases the use of electricity necessary to cool the room.**

## **WATER**

**1. Ensure all plumbing and/or intrusion (i.e. roof) leaks are reported and repaired immediately.**

**2. All watering should be done between 5:00 AM and 10:00 AM.**

**3. When spray irrigating, ensure the water does not directly hit the building.**

**(After official approval by administration, a copy should be disseminated to all district personnel. Copies should be posted on bulletin boards, teachers' lounges, district newsletters, etc.)**

**Disclaimer: The district shall adopt, observe and implement these guidelines as provided. However, these guidelines are not intended to be all-inclusive, and they may be modified for local conditions. These guidelines supersede all previous instructions related to energy conservation or building management.**

**Regulations Adopted: CRANSTON PUBLIC SCHOOLS**

**Resolution No. CRANSTON, RHODE ISLAND**