

## **EGPS Mental Health Subcommittee Meeting Minutes**

Wednesday, February 24, 2016 at 10am

EGHS Guidance Conference Room

In attendance: Peggy Bonk, Mikayla Hutchinson, Shawna Iannotti, Nina Mackta, Carolyn Mark, Stacy Paradise

**I. Welcome/Intros:** The Committee welcomed Stacy Paradise as a new member.

**II. Update on MH First Responder Training:** Round 2 began on 2/23 and wraps up on 2/25. Full debrief and next steps at next meeting. So far, very well received.

### **III. Goal area updates:**

- Student engagement: Mikayla filled folks in on what students were doing to create safe spaces for teens to hang out, including Friday Coffee House on last Friday of the month and Tuesday Teen Talks in the Community Room at the Police Station from 6:30-8pm.
- Need to connect with guidance on goal area re: increasing visibility and student-friendly access
- Sub-group to convene and report back on data collection and universal screening

### **IV. Other business: May Mental Health Awareness Month**

- Looking to tie in student efforts with specific offerings in May
- Idea for teacher/staff toolkit - Nina Mackta to work with interns to develop the idea and report back
- Carolyn Mark to reach out to Dr. Ben Johnson re: possible involvement during the month, send Mikayla December meeting minutes so she can follow up with Choose2Matter students interested in mental health.
- Stacy Paradise to reach out to All That Matters re: possible partnership
- Peggy Bonk to talk to Mrs. Izzo and Mrs. Fallow as potential internal allies on MH Awareness Month activities.

**V. Review action items/determine next steps.**