

Mental Health Subcommittee Meeting Minutes  
October 2, 2014

Members in attendance: Carolyn Mark, Brad Wilson, Nina Mackta, Shawna Iannotti, Peggy Bonk, Sharon Foley, and Lindsay Daskalopoulos

I. Welcome/Introductions

II. Reviewed work of mental health subcommittee during the 2013/14 school year:

- Convened mental health subcommittee in January 2014
- Conducted MH assessment which was presented to school committee in October 2014
- Created mental health page on EGSD website
- Raised awareness about mental health issues during Mental Health Awareness Month (May 2014)
- Applied for "First Responder" grant in June 2014. Notified in September that the grant was successful!

III. Finalized plans for presentation of mental health assessment to school committee on 10/7 (Carolyn and Brad to present the assessment; other members to be on hand to support the assessment presentation and to answer any questions from members of the school committee.)

IV. Update on "First Responder" grant opportunity. Nina Mackta was notified in late September that the grant was successful. While the total grant was just under \$50k, we are waiting to hear details about how much of this grant will come to our district. The grant narrative, as well as more information about First Responder training is attached to these minutes. Kudos to Nina Mackta for shepherding EG through this process!

V. Reviewed assessment recommendations, and began to brainstorm goals for 2014/2015 school year

Assess programs/initiatives:

- Review inventory of what we have
- Look at best practices
- Look at screening tools. How might chromebooks be utilized at EGHS? Create our own survey to solicit from students and parents a) how stressed kids feel, b) what resources they know about and if they've used them, c) if they've utilized resources, how they would rate their effectiveness, etc...
- Need to engage youth

## Data Collection

- Hard to do
- Need to identify what we measure
- Fixed caseloads (school psychologists) versus variable caseloads (nurses, social workers, guidance counselors)
- How can we utilize ASPEN (needs to be confidential)
- Online database?
- Need to capture: "unique" caseloads, what was the issue and what's the student impact
- Total # of students served
- Goal: Develop what data collection is important, how to collect (what tools can be used by all), streamlining, need to be identifying trends
- Assess adequacy of services
- Teacher student reports
- SWIS data?

VI. Next meeting: Friday, October 31 at 10am in EGHS Guidance Office