

Mental Health Subcommittee Meeting Minutes February 26, 2014

The following were in attendance: Brad Wilson, Nina Mackta, Sharon Foley, Carolyn Mark, Nora Santamour, Peggy Bonk, Bob Houghtaling, Lindsay Daskolopoulos, Laura Giusti, Lyn Hostetler, Shawna Iannotti

I. Creating a snapshot

- Mentoring program data cuts across all schools
- Lots of model programs out there. Need to benchmark against best practices in other districts
- Teachers come every week with a laundry list of things going on with their kids. Need to find a way to engage teachers in assessment process.
- Nurses as gateway - How many kids come in every week - hard to tease out issues, but can work together to figure out what makes sense in terms of data collection
- National Association of School Nurses has data on kids
- Sharon and Nina earmark caseloads (which are not set) Probably 189 families or students they are interacting with
- Data from school psychologists set because caseloads are set in advance through IEPs, RTIs etc.
- Guidance (Lynn): we hash tag how many kids we are seeing for different things (everyone needs to collect data but be mindful of overlap)
- Qualitative trends accessible as well
- Lots of data sources. District professionals to take the lead on data collection, and will report out at next meeting.

II. Inventorying building level programs

Each school has a different set of programs and initiatives that are designed to support the mental health and emotional well being of students. The mentoring program cuts across all schools. District professionals will provide synopses to Carolyn in advance of the next meeting.

III. Mental Health Awareness Month

While individual schools have occasionally had activities during Mental Health Awareness Month (e.g. Meadowbrook arts project), there has been no coordinated district-wide effort. District professionals are interested in pursuing this with students.

Action Items:

- Invite Jeanne-Marie Vaughn (Cole school nurse) to next meeting

- HS professionals to design a process for student engagement on mental health challenges and opportunities - Need 4-6 weeks
- Invite 4 students to March meeting
- Send Carolyn benchmarking write-ups before March meeting
- District professionals to work together to track and collect data
- Need to design process for getting teacher/parent feedback (Google questionnaire?) - Brad to follow up with Victor to explore options
- Carolyn to include Caroline Bradshaw and Rosie Metcalf (for email request regarding building level activities)

Next Meeting: Friday, March 28 at 10am in the EGHS Guidance Conference Room