

Health and Wellness Committee Meeting Minutes

June 8, 2016

Frenchtown School

3-4:30pm

In attendance: Stephanie Aronow, Nancy Day, Michelle Edwards, Derek Hague, Carolyn Mark, Laura Murphy, Susan Riley, Cheryl Vaughn

I. Welcome/Introductions/Announcements

II. Update on status of policy reference guide and indoor recess tool kit

Policy reference guide to be completed over the summer and distributed to all staff and school communities at the beginning of the school year.

Once the school year has begun, revisit the indoor recess tool kit with an eye toward distributing the draft to staff in the fall to garner feedback/additions so that a finalized version of the resource can be made available in the late fall/early winter.

Need to determine if it is feasible to create a tangible way to implement indoor recess, such as distributing dice that allow for a fun way for staff and students to choose indoor activities.

III. Sun-safety/skin cancer awareness and grant opportunity regarding shade structure

Could reach out to local practitioners as partners

Mrs. Vaughn to reach out to other principals to see who is interested in working on this

**Carolyn to reach out to RIASC to survey what other schools are doing
Engage nurses and health educators on the subject; determine if they have access to best practice research that could support classroom teaching on the subject (health education starts in 3rd grade, but sun safety should be k-12.**

Reach out to Parks and Rec

Check September 1 for what the next grant cycle will be for sun safety structures

Research other grant opportunities: Skin Care Alliance, Dept. of Health

Susan to do some national best practice research

Determine if there are ready made resources that could be distributed.

IV. Review 2015-16 school year, work to be completed over the summer and brainstorm goals for 2016-17 school year (next H&W meeting: September)

School meals: Promote summer meals program on end of year

listserve; revamp school meals program website over the summer; potentially pilot "grab and go" in the fall; Aramark to attend Open Houses.

Brainstorm ideas for things to work on next year:

Electronic medical records

Ramping up H&W communications/policy implementation - Open Houses, website, listserve, etc.

PD/CPR and EPI Pen Training

In general, figure out what we are doing to support staff. Carolyn to work with Rose on this.

Build closer relationships with PTGs

Health Fair

H&W Forum in the January-March timeframe

Indoor recess toolkit launch; explore feasibility of dice

Heart Health:

CM to ask Dr. Mercurio about surveying staff to determine how many are certified

Possible opportunities: CPR training at Eldredge? Jump Rope for health?

Possible in-kind training contribution from Sheri Shunney

Emergency medical response program

Awareness raising event

Dr. Aronow to partner with Laura Murphy to help shepherd this work.

V. Adjourn