

EGPS Health and Wellness Committee
Meeting Minutes
March 22, 2016 from 3-4:30pm
James H. Eldredge School

In attendance: Nancy Day, Michelle Edwards, Derek Hague, Carolyn Mark, Erin Parker, Susan Riley, Rose Emilio, Stefanie Aronow, Neil Marcaccio, Cheryl Vaughn

I. Welcome/Introductions

Nurse Green from Eldredge joined us and provided information regarding an initiative school nurses are working on to improve health records management in the district. Indicated the need to upgrade the health curriculum in the elementary schools.

II. Report out on progress/work plans regarding H&W goal areas for 2-15/16

1. Student led initiatives (Laura Murphy unable to attend the meeting, so will look to next meeting for updates.)
2. Promote best practice initiatives in schools (still in process with Dr. Sun, Eldredge and Hanaford.)
3. Indoor recess toolkit: Reviewed current draft. Suggestions to incorporate links and present the doc as a collaborative google doc. Will share doc so others can provide input.
4. Stakeholder engagement/Reference Guide: draft to be put in google docs so Carolyn can provide some additional edits. Hoping to finalize by next meeting.
5. Community engagement in school meals program (Finalize plans for community forum on 3/29.): Speakers all set, and the event has been promoted throughout the district. Issue was raised about snacks and breaks for older students.
6. RI Healthy Schools Coalition: Stay up to date by visiting www.rihsc.org

7. Staff wellness: Carolyn Mark will be investigating incentive programs through health care provider, and Rose Emelio will be soliciting local health-related businesses over the summer to explore potential offerings to teachers.