

Health and Wellness Subcommittee
Meeting Minutes
June 4, 2015
Meadowbrook Farms Elementary School
2 Chestnut Drive
East Greenwich, RI 02818

In attendance: Carolyn Mark, Kelly McKeon, Sharon Kitchin, Alissa Berman
Sue Riley, Nancy Day, Yan Sun, Mandy Barnes, (one additional signature on the sign-in
sheet was not legible.)

AGENDA

I. Wellness Promotion Update

Yan Sun shared the final Frenchtown/Meadowbrook wellness promotion video with the group. It was well-received. The group asked that we clearly label this as a Frenchtown/Meadowbrook video and indicate that videos for the other schools are forthcoming. It was agreed to post it on the EGSD website, in the district listserve, and in the Superintendent's field memo. Work on the second video will begin at the start of the new school year.

II. End of Year Wellness Assessment

Carolyn Mark reported that we have enough information from each of the six schools to put together an end-of-school-year wellness report. She will prepare a report to be shared at a future school committee meeting, and will be sure to circulate it to the subcommittee once it is complete. The subcommittee will want to revisit the most efficient/effective way of collecting information in the future, but this year's assessment has provided a good window into policy implementation and opportunities for improvement that the subcommittee can pick up on and work with in the coming school year.

III. Blue Cross Grant Opportunity - Survey to Teachers

Sharon Kitchin, who announced that she will be leaving the school district, shared with the subcommittee how she was able to get the ball rolling in terms of surveying teachers and staff about their preferences regarding potential wellness offerings. She will be sure

to fully brief Gail Wilcox on her progress, with the hopes that we will be able to implement these offerings in the Fall and take advantage of the resources that Blue Cross is willing to provide.

IV. Other Business

Kelly McKeon shared with the subcommittee a couple of flyers that she put together regarding Farm Fresh Fridays. It was agreed that promoting these types of initiatives would be well received by the school committee, and the decision was made to request that this information be included in an upcoming Superintendent field memo.

This was the last Health and Wellness meeting of the school year. The group will reconvene in the Fall.