

**EGSD Health and Wellness Subcommittee Meeting Minutes  
October 28, 2014**

In attendance: Carolyn Mark, Derek Hague, Nancy Day, and Samantha Fallon

Agenda Items:

- Reviewed revised health and wellness charge and policy
- Strategized on structuring the health and wellness committee for the coming year. The mental health committee members are meeting separately, but the hope is to have 1-2 "whole child" meetings each year so the full committee can come back together.
- Derek from Aramark reported on a recently attended RIDE Conference: Derek shared what he learned regarding "Smarter Lunchrooms." More information can be found at the following websites:

<http://ben.dyson.cornell.edu>

<http://smarterlunchrooms.org>

The latest information regarding healthy snacks and beverages can be found here:

<http://www.ride.ri.gov/cnp/NutritionPrograms/HealthySnacksBeverages.aspx>

Next meeting TBD