

**East Greenwich School Department**

**Health and Wellness Subcommittee meeting 3/7/13 changed to  
03/15/13 4:00PM**

**Hanaford Elementary School library**

**Meeting Minutes**

**Attendees: Susan Records (SC), Carolyn Mark (SC) Beth Cauley  
(Hanaford Principal), Ellise Wolff( Cole Teacher), Jessica  
Patrolia(Aramark), Kelley Mc Keenan(Aramark),Bob Houghtaling**

**Agenda:**

**East Greenwich School District**

**Health and Wellness Meeting**

**March 15th, 2013 4:00PM**

**Hanaford Library**

**1. Hanford Elementary School - Health and Wellness Initiatives**

- Publicize H&W activities that are ongoing or planned at Hanaford**

**2. District Health and Wellness Initiatives**

- Rollout district H&W activities and gain support from each school**

**3. District Health and Wellness Charge**

**4. Mental Health Policy**

- **Bob Houghtaling**

## **Meeting Notes:**

### **1. Discussion on Health and Wellness charge:**

#### **a. Health and Safety of children RI state law 16-21-28 states:**

**§ 16-21-28 Health and wellness subcommittee. – (a) The school committee of each school district shall establish a district-wide coordinated school health and wellness subcommittee chaired by a member of the full school committee. The subcommittee will make recommendations regarding the district's health education curriculum and instruction, physical education curriculum and instruction, and nutrition and physical activity policies to decrease obesity and enhance the health and well being of students and employees.**

**(b) The school health and wellness subcommittee shall consist of members of the general public, a majority of whom are not employed by the school district, including at least one parent, and are encouraged to include teachers; administrator; students; community and school-based health professionals; business community representatives; and representatives of local and statewide nonprofit health organizations. The subcommittee will be chaired by a member of the school committee.**

**(c) Nothing in this section shall preclude the school committee from reconstituting any existing district-wide volunteer committees as the**

**school health and wellness subcommittee so long as said committee membership meets the requirements of this section.**

**(d) The school health and wellness subcommittee shall be responsible for, but not limited to, development of policies, strategies, and implementation plans that meet the requirements of the child nutrition and WIC Reauthorization Act of 2004. The school health and wellness subcommittee shall forward all recommendations regarding the district's health education curriculum and instruction, physical education curriculum and instruction, nutrition policies, and physical activity policies to the full school committee.**

**(e) Reporting shall be consistent with requirements of § 16-7.1-2(h).**

**(f) The Rhode Island department of elementary and secondary education and the Rhode Island department of health will provide technical assistance and support to the school health and wellness subcommittees on best practices, professional development on coordinated school health issues, suggested initiatives, and will support communication among the school health and wellness subcommittees by sharing information on the activities, efforts, and experiences of subcommittees across the state.**

**b. Carolyn and Susan will reach consensus on drafting the EGSD Health and Wellness Charge.**

## **2. Discussion on “revised” Mental Health Policy**

**a. Submit to School Committee for approval**

## **3. Hanaford Initiatives:**

**a. Town Meeting (4th and 5th grades common planning time) drives**

**many H&W initiatives:**

- **Film on Bullying**
- **Autism – How to read someone**
- **Mileage Club - Before school activity in which each child is assigned a pedometer.**
- **Yoga**
- **Character Counts ( Parent driven)**
- **Cafeteria – Great Healthy Coalition – side dishes**

**b. R.I. Statewide read for Nutrition – The recognition of National Nutrition Month, schools and youth programs will commit to reading aloud from RI author, Joy Feldman’s book, “Is Your Hair Made of Donuts?”**

**c. Substance Awareness – Chris Caron – 4th grade only.**

**d. Mentor support for students facilitated by EG Social worker.**

#### **4. District Initiatives**

**a. HUSSC – Healthier US School challenge**

#### **5. Objectives**

**a. Charge for Health and Wellness sub committee**

**b. Open doors of collaboration with PTG and Citizens Who Care group**

**c. Student Involvement with H&W committee**

#### **6. Events**

**a. Community Dinner ( before School committee meeting)**

**Next Steps:**

- a. Publish Hanaford H&W activities on District website**
- b. Health and Wellness Survey**