

Lincoln Public Schools  
Health and Wellness Committee  
Meeting Minutes  
April 25, 2018

Mary Anne Roll called the meeting to order at 8 AM and members present introduced themselves. She thanked Superintendent Fortunato for her leadership as co-chair of the Committee and her support for its work over the past 11 years.

Members of the Wellness Committee reported on activities related to the Wellness Committee subcommittees:

**Adolescent Sexual Health:** Dr. Chan reported Partners in Health, a workshop addressing the development and expansion of Student Sexual Health Services in RI at CCRI on April 23rd. The workshop was sponsored by the RI Department of Health, RIDE and the RI Healthy Schools Coalition.

Erin Shoemaker and Mary Anne Roll reported on the status of a grant application that would enable Aramark to pilot an alternative breakfast model; (Grab and Go) at Northern Lincoln Elementary School during the 2018-19 school year. The Grant is sponsored by Action for Healthy Kids. Grant awards will be announced May 14th.

Cameron Deutsch and Mary Anne Roll provided an update on the Later Start Time discussion in the RI General Assembly. Mary Anne provided the committee members with a slide presentation from RIDE to the Study Commission looking at this issue. The presentation provides suggestions related to transportation issues which is often one of the barriers at the district level to the implementation of later start times at high schools. RIDE's suggestions for changes to transportation at the district level may assist the Lincoln School Department in its review of bus transportation as it is currently provided next year.

Jim Frost provided a summary of what he learned from surveying a number of other public high schools about the way they currently schedule Health and PE. The committee discussed the need to review the current Health curriculum K-12, who provides instruction and how it is scheduled. Karin Wetherill offered to share materials from the RIHSC around best practices and possible resources/opportunities for professional development.

Mary Anne announced that the "abbreviated" Wellness Survey will be used this year for feedback from the schools regarding the implementation of the District Wellness Policy. Principals will be asked to complete it electronically by June 29th.

The Annual RI Healthy Schools Coalition Breakfast will be held on October 9, 2018 at the Crowne Plaza in Warwick. Mary Anne will work with Dr. Filippelli on getting a Table of 10 together as in the past.

The first meeting of the 2018-19 school year will be scheduled once Dr. Filippelli has a chance to set up his calendar with a day, time and place. Construction at LHS may have an impact.

Meeting adjourned at 9:00 AM.