

**LINCOLN PUBLIC SCHOOL DEPARTMENT
HEALTH AND WELLNESS COMMITTEE
MEETING MINUTES**

DATE: THURSDAY, MARCH 21, 2013
TIME: 8:00 AM
LOCATION: Lincoln High School – Exhibition Room #1
135 Old River Road
Lincoln, RI 02865

Attendance: Bethany Bedrossian, Michael Bedrossian, Mary Ann McComiskey, Cassidy Dekreon, Georgia Fortunato, Caroline Frey, James Frost, Paula Howard, Patricia Kilsey, Rita Kinniburgh, Maya Lafleur, Karina Martinez, Joseph Mazzenga, Linda Newbury, Mary Anne Roll, Rhonda Sexton, Michele Sharpe, Andrew Viveiros, Meredith Winsor.

Revision of the Health & Wellness Policy

The committee met to discuss the revision of the Health and Wellness Policy. We are looking at matching the new USDA policies. This covers the area of nutrition, physical activities and our school building environment and structure. Lincoln has been asked to be part of a national/state evaluation and revisions of policies. We decided to evaluate our policies first by taking a survey of our own wellness. We were not too bad but want to improve on some things first and change the language of our own before we give any suggestions to the state. Jim Frost, Andrew Viveiros and Mary Ann Roll are the point people.

Next Meeting - We will be meeting again on May 16, 2013 to have further discussion.

Submitted by,

Patricia Ann Kilsey
Secretary