

## **Health and Wellness Meeting**

**Date: 4/24/2012**

**Time: 8:00-9:00**

**Exhibition Room 1 Lincoln High School**

Attendance: Georgia Fortunato, Melinda Smith, Brenda Sylvester, Jim Frost, Linda Newbury, , Bethany Bedrossian , Sue Cawley, Rita Kinniburgh, Kathleen Dichiara, Michele Sharpe, Julie Dorsey, Andrew Viveiros, Carol Toselli, Carol Michaud

Meeting Called to order by Mary Anne Roll

### Introductions of Participants

#### Recognition

Andrew Viveiros won the US Award Bronze, set date to celebrate at all four (4) elementary schools

#### Year End Reports

Mary Anne Roll reviewed feedback from schools under the umbrella of the Health and Wellness Policy compliance. Principals must cite "issues of compliance" in each school. Nutrition has been the driving force but the wellness component includes bullying. New state regulations have been refined regarding the reporting of incidents of bullying.

#### Table Hosting Update

All elementary schools have participated with parent volunteers. Andrew Viveiros reviewed the table hosting overview for members attending who were unfamiliar with the program. Principals attending provided an update on their individual school. Discussion involved educating parent volunteers.

#### Social Emotional Health

Jim Frost talked about a Project Respect Unity poster contest which would identify students that need support and would make connections. Discussion of a curriculum that would implement strategies into PE/Health classes to address bullying.

#### School Breakfast Program

Lincoln Public Schools has had large increases in students attending the breakfast program in all of the schools.

#### Annual Reports

Mary Anne Roll reviewed the national School Board Association recommendations. Use of technology to communicate with parents via Facebook/twitter, creating web sites to market schools and share information with the public.

#### New Business

May 10<sup>th</sup>, 2012 Health and Wellness meeting is cancelled.

#### Adjournment

Meeting notes submitted by Melinda A. Smith  
Transcribed by Deborah Malachowski