

Senior Advisory Committee
Tuesday, October 21, 2014
Town Hall, Old Town Road
1:30 p.m.

Present: Co-Chairs Sandra Kelly and Gail Pierce, Members - Deborah Martin, Ann Henault and Betsey DeMaggio. Also present were and Senior Coordinator Anna Christina Rogers, Intern Maryann Seebeck, Physical Therapist Gail Connolly and for the recording of minutes, Millie McGinnes. Committee members Linda Spak, Susie Wright, Dorothy Graham and Sandra Hopf were absent.

The meeting was called to order by Co-Chair Gail Pierce at 1:31 p.m.

1. Approve Minutes of Meeting, September 16, 2014

Ms. Henault moved to approve the minutes of the September 16, 2014 meeting. The motion was seconded by Ms. Kelly and carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Martin) Nays 0
Absent 4 (Spak, Graham, Wright, Hopf)

2. Receive Senior Coordinator Anna Christina Roger's Report

Coordinator Rogers reported the following:

- A trip to Wrentham Mall is scheduled for November 17, 2014.
- A trip to PPAC to see the play "Camelot" may be organized for December 12th – 13th, including an overnight stay. She will see if there is interest.
- Healthpath made a presentation at the Library regarding mental health and rehab programs that they offer.
- More exposure for FISH will be worked on. Discussion ensued.

Discussion ensued regarding programs such as "Staying Put" – membership organizations that help provide and link services that assist seniors to remain in their homes.

3. Senior Survey:

a. Review Results

It was noted that about 450 surveys went out and 190 – 200 responses were received.

Maryann Seebeck gave a brief summary of the survey results, highlighting that there appeared to be a lot of community engagement and overall seniors were not requesting much help and are pretty happy. The services most noted as needed were a fitness center, health programs and physical therapy. Discussion ensued. Anna Christina Rogers will contact Sven Risom of the Large Capital Asset Strategy Committee whom is looking at island needs.

b. Discuss the best way to convey information to the public

Maryann Seebeck will draft up a narrative summary of the survey findings for review at the next meeting.

4. Status of “Notify Now”

Sandra Kelly noted that she and Patrick Kelly have been doing the data entry to compile the Notify Now responses. They have entered 450 responses at this time. Ms. Kelly explained that at the end of the month she will pass the database on to Town Manager Dodge.

5. Discuss and act on Ms. Maryann Seebeck and Gail Connolly workshop for caregivers

Ms. Seebeck and Ms. Connolly explained that they were looking forward to putting together a workshop, but first find it important to narrow the subject down and determine a focus that would be useful to the caregivers. They suggested organizing a focus group to determine what caregivers are currently facing, what they do, what their struggles are and what they anticipate they will be needing in the future.

It was determined that Ms. Seebeck and Ms. Connolly will draw up a list of main points they could potentially cover and Coordinator Rogers will network with some caregivers to determine what items would be useful to discuss.

Ms. Kelly suggested getting the caregivers together to talk.

Ms. DeMaggio left the meeting at 2:30, ending the meeting due to lack of quorum.

6. Update on activities:

- A. BIBB –**
- B. Soup Group**
- C. Lunch Bunch**
- D. Chair Aerobics**

7. Organize possible “Fall Outings”

- a. South County Commons**
- b. Wrentham Mall**
- c. Theater trip**
- d. Bowling**
- e. Pequot Museum**

Next Meeting –November 18, 2014

Millie McGinnes
Deputy Town Clerk

Minutes approved: November 18, 2014