

Newport Public Schools
Wellness Subcommittee

Minutes from October 11, 2006

1. Opening

Mrs. Gaines called the meeting to order, explaining that this subcommittee will meet monthly until the Advisory Council on Student Nutrition and Physical Activity is established.

2. Introductions

Members Present:

Dr. John H. Ambrogio, Superintendent
Mr. Arthur Bell, Jr. Supervisor for PE and Health Instruction
Ms. Jeannette Bessinger, Newport Hospital
Mrs. Becky Bolan, Parent
Mrs. Amy Donnelly Roche, Director of Student Services
Mrs. Jo Eva Gaines, School Comm
Dr. Tom Galvin, Retired Physician
Mrs. Denise Kelly, School Nurse Teacher
Mr. Rah'd LeTang, Sodexho

Members Absent:

Dr. M. Jane Barry, Retired Nurse Educator
Ms. Susan F. Cooper, Dept of Parks & Recreation
Ms. Colleen Raposa, Teacher NACTC
Dr. Charles P Shoemaker, School Comm
Ms. Judy Smith, RN, Newport Hospital

3. Review/Update Contact Information

All members should contact Ms. Wendy Gasior in Dr. Ambrogio's office with their email addresses.

4. Review New Policy

The group reviewed our policy regarding Student Nutrition and Physical Activity, adopted this past spring. Two appended documents were also reviewed.

Discussion focused on the need to review the full policy at an upcoming Administrator's meeting. Then, the policy and appended nutrition standards will need to be shared/discussed at both faculty and PTO meetings at each school. The policy will also be posted on our district website.

Mr. Tang explained Sodexho's "NutriKid System" database through which all meals are filtered to meet state and FDA nutrition requirements. Sodexho only serves low-sugar drinks (e.g. Snapple) and does not manage any vending machines.

It was not clear who manages vending machines in the schools. We will need to look into that in order to share the policy and assure uniform implementation.

5. Members needed for Advisory Council

The Advisory Council on Student Nutrition and Physical Activity will meet twice annually, beginning in January, 2007. Policy mandates that each school have parent and staff representation, so the discussed convening after 3:00PM.

The group brainstormed the following list of potential members to invite, in addition to ourselves:

Gail Roderick, Teacher of Family & Consumer Sciences
All five School Nurse Teachers

YMCA Representative
Visiting Nurses Representative
Dr. Catherine Labiak-Maher
Ms. Judy Smith, RN
Newport Hospital dietitian

6. Comments/Remarks from Supt. Ambrogi

Dr. Ambrogi reiterated the importance of sharing the policy and standards with as many members of the community as possible.

7. Follow-up Needed

<i>What</i>	<i>By Whom</i>	<i>By When</i>
a. Review policy and amended documents with Principals	Dr. Ambrogi	Next Meeting
b. Determine who runs vending machines at each school	Dr. Ambrogi	Next Meeting
c. Post standards and policy on district website	Dr. Ambrogi	Next Meeting
d. Generate list of suggested healthy options for celebrations	Ms. Bessinger	Next Meeting
e. Review schedule of PE and Health classes, looking at consistent access to physical activity for students throughout the year.	Mr. Bell	December 1
f. Discuss after school activities at each school sponsored by the Department of Recreation	Mr. Bell Ms. Cooper	December 1
g. Review how decisions about recess/indoor recess are made at each school.	Dr. Ambrogi	December 1

8. Next meeting

We will meet again on November 8th at 9:00 AM.

The tentative agenda for this meeting is:

- Review list of suggested members for Advisory Council
- Consider merging our Advisory Council with other groups who have similar agenda
- Review drafted list of healthy options for celebrations
- Brainstorm additions to the list of healthy options

9. Adjournment

Mrs. Gaines ended the meeting on time, thanking everyone for their participation.