

**Thursday, July 22, 2010**

**Meeting Notes**

**Members Present:**

**Corinne Calise Russo**

**Attendees:**

**Mary Ann Ciano**

**Kathleen Heren**

**Kathleen Zaroogian**

**Dona Goldman**

**Terry Haydt**

**Elaina Goldstein**

**Heather Amaral**

**Helen Deines**

**Maryellen Kehoe**

**Peter Simon**

**Larry Grimaldi**

**Erin McAndrew**

**Welcome and Introductions**

**Corinne Calise Russo, Director, Department of Elderly Affairs**

**Director Russo opened the meeting at 1:10 pm without a quorum.**

**NEW BUSINESS:**

**Dona Goldman, RN, MPH, Program Director,  
Diabetes Prevention & Control Program,  
Team Lead, Chronic Care and Disease Management,  
Rhode Island Department of Health**

**Ms. Goldman gave an overview of the Living Well Rhode Island which is the name adopted to describe the Stanford Chronic Disease Self-Management Program. Dona explained that The Living Well RI is a workshop series delivered in six, two-and-a half hour weekly sessions, primarily in community settings such as senior centers, churches, libraries and hospitals. The workshops are lead by two trained leaders who follow a scripted agenda and curriculum developed by Stanford University. One or both of the leaders are non-health professional peers with a chronic condition.**

**Ms. Goldman used a Power Point presentation which provided detailed information on what the Living Well Rhode Island Self Management Course consists of, the subjects included, how it works and what it entails.**

**Questions were encouraged throughout the presentation and Ms. Goldman took a great deal of time to respond to each question attempting to clarify and explain further details of Living Well Rhode Island.**

**It was an extremely informative and interesting presentation by Ms. Goldman. Additionally, Ms. Goldman provided copies of the Power Point presentation as well as other related literature on the program content and contact information on workshops.**

**Director Russo adjourned the meeting at 2:15pm.**